

Birthstones and Their Symbolisms

A Brief History

From the earliest of times as gemstones were discovered, certain attributes were associated with them and they were believed to have mystical powers. Approximately 2,000 years ago, the pairing of gemstones and their attributes with the months of the year and the signs of the Zodiac began to be written down. Over time a mythology of birthstones developed in which people were expected to share the attributes of the gemstone related to their month of birth or sign of the Zodiac.

There are many birthstone lists in use today, the most common having been adopted in the twentieth century to sort out some of the confusion. Even then, some months still have more than one birthstone, and some people prefer to use the lists attached to the signs of the Zodiac. The Diamond Jewelry Factory follows the list adopted by the Jewelers of America.



January: Garnet

The warm, bright garnet stands in contrast to this cold month. Garnet brings to those born in January friendship, loyalty and sincerity. The stone is said to have the power to ensure good health and protect its owner during travel.



February: Amethyst

The even-tempered amethyst, said to prevent drunkenness, also helps keep those born in February on an even keel. It brings peace of mind and drives away enflamed passions and worries.



March: Aquamarine

The cool and optimistic aquamarine provides a sense of youth and hope, like the new spring that comes each March. It also protects health and is especially appropriate for people who love the sea.



April: Diamond

Although usually thought of as the jewel of love and power, diamond also has special powers for people born in April. It strengthens their body and soul, and helps protect their innocence and bring out their best qualities.

**May: Emerald**

The bright green emerald graces people born in the greenest month, May. Its color is associated with fertility and joy. Emerald also can help tell the future and sharpen the mind.

**June: Pearl**

The elegant pearl brings to the June-born its qualities of modesty and purity. Its simple form belies the shimmering color just under the surface. Like its wearer, it is understated but undeniably precious.

**July: Ruby**

The height of summer is the month of the red-hot ruby, symbol of zeal and passion. It gives people born in July undying vigor and brings them fortune and love. It is a powerful protector for those surrounded by unfriendly forces.

**August: Peridot**

Peridot, which brings friendship, will help one born in August to steer clear of envy and helps ward off depression and fear. It is also used to help gain inspiration, strengthen the effect of medicine and improve one's speech.

**September: Sapphire**

The cool blue sapphire marks the season's shift from summer to autumn. To those born in the transition month of September, it relaxes and clears the mind. It also protects its owner from fraud, envy and ill health.

**October: Opal**

The complex and colorful opal ensures fidelity and confidence for people born in October, in addition to sharpening the mind and emotions. Legend says that it is especially good for the eyes.

**November: Citrine**

Those born in November benefit from citrine's cheerful qualities, which include making its owner lighthearted and hopeful. It also relaxes the body and helps cleanse it of toxins.

**December: Blue Topaz**

The icy-blue of topaz is well suited to December. Those born in the last month of the year gain a pleasant disposition and patient attitude from blue topaz. It is a symbol of fidelity and love, and is said to cure many illnesses.